

EPISODE 3 | The Seconds That Matter Most in Coaching

MIKE BREY

QUESTIONS:

- 1 • When have you blown the roof off with your team and it was effective? When have you and it wasn't? What's the lesson with each of those answers?
- 2 • Why do you think Mike said, "Gamedays are lonely for head coaches"? How do you personally relate to that?
- 3 • There's a coaching line. "He doesn't get ulcers. He gives them." Which would your team say you were?
- 4 • What percent of the time are you performing versus being authentic inside your job?
- 5 • How does Mike's retirement speech compare to other's that you've heard? What can you take from that?