

EPISODE 2 | How Do You Unlock Powerful Conversations with Your Team?

BILL BESWICK

QUESTIONS:

- 1 • Are you good or bad at asking for help? Why? And, what in your life reinforced that the most?

- 2 • Bill said, “The health of the team is reflected in the face of the coach.” When is the last time you had an unhealthy face with your team? Why?

- 3 • An important aspect of coaching is understanding when to react versus when not to? When have you not reacted but wish you would have? And, when have you reacted and wish you wouldn't have?

- 4 • For you personally, what are the consequences of giving your loved ones leftover energy?

- 5 • When have you shrunk to be accepted instead of risking failure to be bold?